

Nidhi Vankadaru is an undergraduate neuroscience student at the University of Texas at Austin who believes students and youth are central to meaningful community outreach and prevention efforts. As a Lead Harm Reduction Instructor for Longhorn EMS, she trains students and community members in overdose response, substance safety, and harm reduction practices such as Naloxone administration. Nidhi also works as a mental health technician supporting children with complex behavioral and developmental conditions, including fetal alcohol spectrum disorders, helping provide care and stability for young patients. Through this work, she is particularly interested in prevention and community-centered approaches to behavioral health.