

COMMUNITY AMBASSADOR SPOTLIGHT



**Meet
Sara**

ABOUT SARA

Sara is a native Austinite, and although she has left numerous times and lived on both coasts, she keeps coming back. She spent the late 80s, most of the 90s in Austin, and has been back (this time) since 2011. She loves walking in random Austin neighborhoods, supporting small local businesses, and discovering new food trucks to try. She still gets to meet locals from the 90s, and often has some random life connection with them.

SARA'S WHY

“I’ve been a mental health therapist for nearly 13 years, beginning my career at Austin Recovery as a tech, case manager, and counselor. As someone who also received care there, I deeply valued the consistent, high-quality support they offered regardless of a client’s funding.

Over the years working in treatment settings and community clinics, I’ve seen how difficult it has become for uninsured and underinsured people in Travis County to access detox and treatment. I’ve stayed up-to-date on the ever-changing process, and I’ve witnessed how different it is from a time when someone could walk in and receive same-day care without leaving town.

I’m passionate about supporting individuals and families navigating treatment options. I’m participating in Convene because I believe community members, especially those with lived experience, can offer essential feedback to improve access to timely, equitable, and high-quality care for anyone seeking help with substance use.”